



Handy Cross Joggers Bulletin



HANDY CROSS JOGGERS

ANNUAL GENERAL MEETING 20th APRIL 1995

APOLOGIES - Chris Hall
Mandy Govers
Margaret Moody
Roy Williams

MINUTES - Matters Arising (none)

CHAIRMAN'S CHATTER

Alex explained the typed sheet given to each member with additions on:-
Wycombe Half Marathon successes

Marlow 5

Pathfinder Trophy

Handy Cross Joggers recognised by Wycombe authority for the first time

Pat and Alex are now both fully qualified BAF coaches

Use of the running track at Handy Cross at a cost of £1.50 per member

One questioner asked for a description of the flyer HCJ will use to promote the Club

TREASURER'S REPORT

Ian explained that the high balance is due to the fact that not many bills have been paid yet, and therefore this is an untrue picture of the true status.

Some of the funds are a reserve from Kelkheim which is used for entertaining the Germans on their next visit.

There are also Provident reserves.

The break even point for the Club is 75 members.

Social functions generally produce a surplus, although this cannot be assumed.

Annual subscription is to remain at £20/£28 for joint membership.

Questions

Ian was asked where the donation of £100 to the Club came from. This was from the Wycombe Half Marathon with thanks for our help.

CONSTITUTIONAL CHANGES

RULE 4 - Proposed by P. Macklin
Seconded by D. Robson

NEW COMMITTEE FOR 1995/1996

<u>POST</u>	<u>NOMINATED</u>	<u>PROPOSED</u>	<u>SECONDED</u>
Chairman	Alex Johnson	Ian Mallen	Ron Newman
Treasurer	Ian Mallen	Peter Edington	Rose Priest
Events Secretary	Peter Edington	Dave Robson	Peter Macky
Publicity Officer	Sarah Player Eric Buckle - refused offer	Tony Thewell	Eric Buckel
Secretary	Pat Beeston (written app.) Caroline steps down	Kevin Fuller	Rose Priest

SOCIAL SUB COMMITTEE

Rose Priest	Sarah Player	Derek Skinner
Duncan Kenerson	Dave Nash	Pat Carter

The chairman asked for anyone else to help with the Social Sub Committee - Kevin Fuller was suggest but he declined.

MARLOW 5 COMMITTEE

All committee members to remain as previously, but there is a need for one other person

Sarah Player)
Roger Wilkes)
Chris Gentry) - All to remain for 1995/1996
Dave Riddington)
Peter Edington)

w member	Peter Macky	Peter Edington	Sally White
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OTHER RESPONSIBILITIES

Membership Secretary	John Bradbury	Jim Chilton	Rob Palmer
Kit Officer	Roy Williams	Roger Wilkes	John Bradbury
Press Officer	Chris Gentry	Rob Palmer	Eric Buckel

NOTIFIABLE BUSINESS

The Marlow 5 is to go ahead. It needs more promotion but all costs are now covered.

Kevin Fuller asked why there were so few entrants, and it was the general concensus that the Reading Half Marathon being held on the same day had kept entries down.

Kevin asked the logic behind chosing this particular day, when people were aware of the Reading Half Marathon being held. He was told that other dates were not possible due to clashes with other Club events. There are usually a lot of entries on the day and if the weather is good we could have a very good turnout.

Tony Fewell supported the committee on the Marlow 5

Peter Edington believed that the committee had acted well

Sarah Player clarified that most of the entrants come on the day so there is no panic, just prudent concern

Pat Carter asked if the local Radio had been contacted - she was told it had

Dave Riddington pointed out that all martials were still needed

Sarah Player said that next year there are many changes proposed

CAR PARK SECURITY

Peter Edington has asked for Police reports from victims of break-ins and vandalism but has only had three. It is possible that there have been more of these events than have been recorded

There is a possibility of more lighting and an extension to the car park, and Peter is waiting to hear from the authorities

ANNUAL GENERAL MEETING FINISHED AT 8.30pm.

HANDY CROSS JOGGERS

Balance sheet for period 1 March 1994 to 20 April 1995

Balance b/f	2,543.42	Balance c/f*	3,074.54
94 Annual Dinner	902.5	94 Annual Dinner	825.50
Subscriptions	2,058.00	Judo Club	1,592.00
Club Kit	604.41	Club Kit	610.91
95 Annual Dinner	903.75	94 Annual Dinner	275.00
5K Series	211.63	5K Series	59.63
Kelkheim	1,491.00	Kelkheim	1,359.40
London Coach (94)	166.00	London Coach (94)	214.59
London Coach (95)	289.00	London Coach (95)	270.00
Donation	100.00	Flowers/Trophies	71.25
Building Society Interes	144.96	Engraving	60.84
Xmas Raffle	47.74	Bulletin	62.04
		AAA/Fees	328.50
		Christmas Disco	120.00
		Banners	175.08
		Track hire	157.50
		Expenses/postage	191.65
		Sundries	13.98
	9,462.41		9,462.41

* Includes Kelkheim reserve of £810.69, unpaid Annual Dinner meal bill of approx £750.00 and the April payment to the Judo Centre.

EVENTS SECRETARY - PETER EDINGTON

Well summer is here and Stephan is threatening to go naked. He has already removed all appreciable body hair in order to keep cool.

Over the last few months the club has received a lot of publicity starting with the television interview with Jack Sharp in the London Marathon and the subsequent discussion of Handy Cross Joggers by David Coleman and Paul Dickinson. This, coupled with Ron Newman's appearance in the April issue of Today's runner and with the two Rods in the May issue has put our name higher in the running fraternity's minds. (McLean and Palmer).

In addition to the publicity achieved around the London Marathon our runners have put in some excellent performance in other races gaining much publicity.

This sort of publicity, together with the imminent launch of our new marketing leaflet and the revamped handbook should secure a successful future for the club.

The London Marathon again attracted a large number of entrants from the club and despite some unseasonably hot conditions some good performances were achieved. The results were as follows:

Jim Chilton	3hr 16min 23secs	Mike Owen-Evans	4hr 11min
Rod Palmer	3hr 20min 07secs	Vernon Martin	4hr 15min 03secs
Des Irwin	3hr 28min 02secs	Alex Thomason	4hr 16min
Lesley Irwin	3hr 41min 40secs	Alison Templer	4hr 24min
Ron Newman	3hr 49min	Pat Carter	4hr 26min 26secs
Jock McLean	3hr 50min	Dave Nash	4hr 43min 12secs
Roy Williams	4hr 01min 12secs	Duncan Kennerson	4hr 50min

Maidenhead 10

On Good Friday a large contingent from the club went over to run the Maidenhead ten mile race. Again in very hot conditions the club achieved some good results with Alan Chilton finishing fourth overall, Sally White winning the ladies race and with a former Handy Cross Runner, Irene Smith winning the ladies 45-49 vet category. The team finished fifth out of twenty eight ahead of teams such as Reading, Burnham and Marlow Striders.

The full results were as follows:

Alec Chilton	52min 10secs	Jock McClean	69min 55secs
John Dooley	56min 08secs	Stephan Naunko	71min 05secs
Eric Buckle	61min 29secs	Trevor Hart	76min 26secs
Jim Chilton	62min 53secs	Margaret Moody	76min 55secs
Sally White	63min 01secs	Dave Nash	87min 13secs
Peter Edington	64min 03secs	Jenny Hart	88min 58secs
Bill Hudson	66min 33secs	Claire Carter	89min 26secs
Alfred Benjamin	66min 57secs	Bob Carter	89min 26secs
Rod Palmer	67min 02secs		

Tugwood 10k and Relays

On Easter Monday a number of our runners took part in the Tugwood 10k and 6x1 mile relays at Burnham. On a cold and windy day some excellent results were posted. In particular Pam Wilkes won the Ladies vet 50-60 category.

Pam Wilkes	46min 35secs
Bob Carter	49min 50secs
Gerry Grosse	50min 40secs

The relay team of Derek Roe, Sue Porter, Peter Edington, Sally White, Eric Buckle and John Dooley finished in an excellent third place out of thirteen teams participating each winning a super prize comprising a cauliflower, kiwi fruit and a chocolate (Well it was Easter).

Handy Cross Marlow 5

This race, which was in doubt right up to the final moment, was again a success thanks to the hard work put in by the sub committee, namely Roger Wilkes, Dave Riddington, Chris Gentry and Sarah Player prior to the event. By the day we had 109 confirmed entries and took a further 91 on the day. The efforts of all the marshals and other helpers on the day ensured the race went smoothly, you should all feel justly proud of your efforts.

With regard to the race itself we only had a few runners participating but achieved a level of success with Alan Chilton finishing second, Sally White finishing first in the ladies race and the team taking the athletic club prize.

During the course of the year we will be looking at a total revamp of the race and will need a great deal of help. If you are willing to spare a few hours to get involved in the organisation of the race please put your name forward. Our aim is to significantly raise the profile of this race.

THAMES VALLEY ASSOCIATION OF RUNNING CLUBS
5K SUMMER SERIES 1995

Dates and Venues: PLEASE NOTE Each run starts at 7.30 pm.
~~1. WEDNESDAY 17 MAY WARGRAVE~~
~~2. TUESDAY 30 MAY BURNHAM~~
3. TUESDAY 13 JUNE - MARLOW
4. WEDNESDAY 28 JUNE - MAIDENHEAD
5. WEDNESDAY 12 JULY - DATCHET
6. TUESDAY 25 JULY - HANDY CROSS

Club Contacts:

Wargrave: Alan Yeadon, 18 Paddock Heights, Twyford, Reading
RG10 0AR. Phone (01734) 345412

Burnham: Dave Thomas, 51 Elm Road, Windsor, SL4 3NB
Phone (01753) 859257

Maidenhead A.C.: Jackie Cadman, 19 Breadcroft Road, Maidenhead SL6 3PA
Phone (01628) 825209

Marlow Striders: Mark Letsome, 7 Suffolk Road, Maidenhead SL6 2TG
Phone 01628 785260

Datchet: Mike Spicer, 21 Clewer Avenue, Windsor, SL4 3QB
Phone 01753 864015 (H), 01753 867273 (W)

Handy Cross: Peter Edington, 9 Woodlands Drive, Naphill, HP14 4SH
Phone (01494) 563730

Club Officials

President	Vernon Martin.....01494 443344
Chairman	Alex Johnson01628 523322
Treasurer	Ian Mallen01494 442367
Mbsp Sec.	John Bradbury.....01494 441577
Secretary	Pat Beeston01494 523226
Events Secretary	Peter Edington01494 563730

Publicity Officer	Sarah Player01628 540513
Social Sub Cmte.	Rose Priest01494 529761
	Duncan Kennerson01494 440592
Press Officer	Chris Gentry01494 439692
Kit Officer	Roy Williams01494 713927