



# Handy Cross Joggers Bulletin

# Events

As you may recall the last bulletin formed the basis of a competition for 'spot the error'. The prize for this event was presented at the annual general meeting in October to Mandy Youens.

Since the AGM the name of Handy Cross Joggers has been represented in many races. However there are one or two events which deserve particular mention.

On a cold November morning Tony Fewell realised his own prediction by winning the Barnett Trophy after stating the previous Thursday that if England beat the All Blacks, he would win the Barnett Trophy. The rest is history.

On January 16th a team from the club returned westwards, with high hopes, to take part in the invitation Highworth half marathon. An excellent team performance and a number of PB's resulted in the trophy accompanying the team back to the clubhouse. this trophy is currently displayed in a cabinet above the main stairway..

A plethora of future events are available on club nights and members are welcome to take away details. The most popular ones over the next few months will be the Wokingham 1/2, Bath 1/2 and Reading 1/2. If you obtain details of events that are not displayed please pass to Peter to copy for all.

## Handy Cross Marlow '5'

24th April 1994 11pm

This years' Marlow 5 is going to be in aid of The 3rd Marlow Air Scouts and The Vulcan Venture Scouts. No one can say we haven't helped all aspects of the community, from babies, the elderly, disabled and sick, well this year it is the young and healthy who help others all year round that now need some help themselves. They need premises from which to run their organisation.

The committee Dave B, Roger, Trevor, Chris, Dave R and Sarah are looking for:

- i. The all important main sponsor
- ii. Marshals
- iii. Donations for prizes

If any one can help in any way please contact any committee member.

## PUBLICITY by Chris Gentry

What do they say? All publicity is good publicity? Well, when it comes to the activities of Handy Cross Joggers, then that old cliché is probably true.

As you may be aware, I have been the club Publicity Officer for a number of years and, in that time, I have seen the profile of the club raised in the local press by the frequent mentions of the performances of club members. Indeed it has come to the point where nowadays the byline in the Bucks Free Press is not "Jogging" but "Running" or "Cross Country" - a massive step in the right direction I think.

As I say the club, and its' members, does get publicity in the local press but, unfortunately, over the past few months this has been restricted to the Bucks Free Press as the Wycombe Star seems to have stopped printing anything about running. Therefore, those of you who do not buy the Bucks Free Press, or do not have access to it, may have missed the write-ups we have been getting so it was thought that you might like to see a few of the recent press-cuttings.

These are the last four that have appeared and, as you will see, contrary to popular belief no one club member gets top billing every time (sorry Eric! I do try honestly) - so, you never know, if you let me have YOUR results you might find yourself featured in the press. Talking of Eric Buckle, you will note that his picture does not appear here but, if you are the one club member who hasn't seen the feature the Bucks Free Press did on him, then, no doubt, he will show it to you.

# Bradbury shows his mettle

HANDY Cross Joggers took part in a run round the grounds of Cliveden House on Monday.

Runners had to contend with sub-zero temperatures.

The race is held over 6.2 miles and first home for the Joggers was John Bradbury in a time of 44 minutes 42 seconds.

Bradbury was the only member of the club to break 45 minutes but behind him Mike Stone (45min 05secs), John Flint (45min 25secs), and Chris Gentry (45min 58min 23secs).

## RUNNING

31secs), all finished in under 46 minutes. Just behind this quartet, Roy Williams and Alex Johnson had their own private battle with Williams the victor by 12 seconds.

Other finishers for the club were: Jock 47min, Mike Hickman 50min 57secs, Bob Carter 55min, Martin Dear 55min, Brian Childs 57min 43secs, and Dave Nash 58min 23secs.

## RUNNING

HANDY Cross joggers escaped England's chilly climes to compete in Barbados.

Their only hardship was getting up at 5am in the morning when it was still dark.

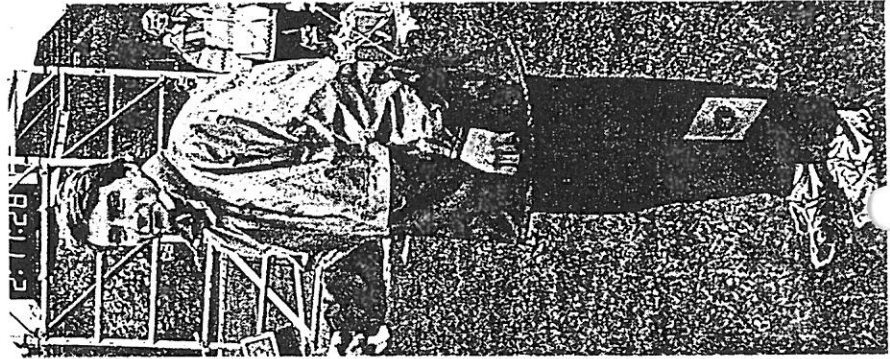
But such handicaps did not inhibit Alan Chilton who did well to finish a ten kilometre race in tenth place in 32 minutes 23 seconds.

An international field, including a number of top Kenyan runners, took part.

Jim Chilton finished the Barbados marathon in 3hrs 25min with club-mate John Bradbury only three minutes behind in a time of 3hr 28min.

Closer to home, in High Wycombe itself, club members took part in the annual Christmas Self-Handicap 3.75-mile race. The person with the best sense of their running speed was Margaret Moody who finished within four seconds of her predicted time with Sarah Player and Dave Nash both finishing within 11 secs of their predicted times.

At the other end of the scale Alan Van Der Pant and Ray Elliott were well out of their predictions, both finishing more than six minutes outside their times.



Alan Chilton in hot form

# Buckle is in charge

## RUNNING

HANDY Cross veteran Eric Buckle was first home for the third successive year in the Lower Earley Five on Sunday.

Buckle was also fifth overall and his time of 26 minutes 52 seconds was a personal best by some 20 secs. But once again he was beaten by his club-mate John Doocy, who finished fourth in a time of 26min 43sec.

Meanwhile, six Handy Cross Joggers took part in the Hogs Back race, held just outside Guildford, in Surrey.

This was the 36th running of this well-organised event over the slightly unusual distance of 9.125 miles.

First home for the club was Bill Hudson in a time of 62min 12sec, closely followed by Ron Newman in 63min 04sec.

Other finishers for the club were: Mike Hickman 64min 56sec, Ian Malison 68min 42sec, Gerry Grosser 75min 03sec, and Dave Nash 76min 48sec.

Handy Cross Joggers also took part in the Bucks Cross-Country Championships at Aston Clinton on Saturday.

In the senior men's race, the weakened Joggers team finished in eighth place, led home by the ever-reliable Benjy Benjamin who was 58th in a time of 40min 54sec.

Other male finishers for the club were: Mike Stone 73rd, 43min 06sec, Derek Sawyer 79th, 43min 50sec, Roy Williams 81st, 44min 30sec, Trevor Hart 86th, 45min 32sec, Vernon Martin 93rd, 48min 54sec.

In the ladies' race, the club were represented by Margaret Moody, who was 27th overall and sixth veteran home. Eila Mansfield was 34th overall and seventh veteran.

# Stone gets her call-up

## CROSS-COUNTRY

CHRISTINE Stone went along to support her husband at Chalfont's Inter-Club cross-country meeting and found herself taking part in Saturday's event.

This was the first time that Christine had taken part in a cross-country race.

But she did extremely well to finish the 5k course in 42 minutes 57 seconds.

She was supported in her race by Lesley Irwin, who finished in 28min 48secs.

The poor conditions did not deter Handy Cross Jogger Roy Williams as he finished 19th overall in 39min 41 secs.

Williams was followed home by Dave Wolley (21st) in 40min 10secs and Mike Stone (26th) in 40min 52secs.

Other finishers for the club in the men's race were: John Bradbury (31st) 41min 45secs, Trevor Hart (40th) 44min 47secs, Martin Dear (45th) 49min 30secs, and Vernon Martin (46th) 50min 41secs.

# Ye Old Bits & Pieces

## **BURNHAM JOGGERS**

### **BARN DANCE**

**10TH JUNE**

**£6**

**FOR MORE INFORMATION  
SEE A COMMITTEE  
MEMBER.**

## **Liverpool Ladies Run**

LAST YEAR WE HAD A VERY ENJOYABLE LADIES TRIP TO LIVERPOOL IN MAY. I'M SURE WE COULD ARRANGE ANOTHER TRIP THIS YEAR. ALL THOSE INTERESTED PLEASE GIVE ME A SHOUT.

## **Kelkhiem**

THE 1/2 MARATHON TRIP WILL BE GOING AHEAD AGAIN THIS YEAR. RON, DUNCAN AND JOHN WILL BE ORGANISING THIS TRIP. IT WOULD BE NICE TO HAVE SOME LADIES ATTEND.

## **ANNUAL DINNER DANCE**

ROSE WILL BE ORGANISING THE ANNUAL DINNER DANCE. TO BE HELD ON 22ND APRIL. BOOK **NOW**.

PRICE TO BE CONFIRMED, ABOUT £15.50.

ALL THE USUAL TRICKS, RUNNER OF THE YEAR AWARD, CHAIRMANS TROPHY AWARD, RAFFLE, DISCO AND BASICALLY A JOLLY GOOD EVENING!

## **ANNUAL GENERAL MEETING**

**Thursday 31st March at the Club  
and afterwards at the bar for a social drink.**

The present committee will all be standing for re-election and will produce a report later in the month.

If you have any contributions to make please give them in writing to Caroline 14 days in advance.

***THIS IS YOUR CLUB MAKE SURE YOU ATTEND.***

# Ye Old Bits & Pieces

## London Marathon Coach

See Roy

The only way to reserve your  
place is to pay for it.

## B-B-Q

MARGARET HAS KINDLY OFFERED TO HAVE  
BAR-B-QUE THE FIRST WEEKEND IN JULY  
DATE TO BE CONFIRMED.

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We would like to ask all members of the club for any suggestions. If you have any ideas of things you would like to change;

- a) do you want to approach younger people to join the club
- b) whether you feel there should be more women in the club

We are trying to do a little research and your suggestions would help.

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## Dates for 5K Series

May 18th Wargrave  
May 31st Burnham  
June 14th Marlow  
June 29th Maidenhead  
July 13th Datchet  
July 13th Handy Cross

Price £3 series  
guests £6 series  
as always retain your number  
for the whole series

*We will need help on the day*