

Handy Cross Joggers Newsletter

March 1988

Issue No. 1

WHAT'S ALL THIS THEN by Chris Gentry

Whilst helping out on the club's stand at the Leisure 88 exhibition held at Wycombe Town Hall recently I had the opportunity to look at a number of photographs that Vernon Martin has got which show the club and its members through the years since its inception. It came as some what of a surprise to find that such inception was in 1978. This of course makes 1988 the 10th anniversary of Handy Cross Joggers and it got me thinking that one of the things the club lacks is a regular newsletter giving details of up and coming running and social events as well as details of the performances of club members in the various races and anything else which may be of interest to you the members.

Those of you who have been with the club for a number of years will recall that this is not the first time a newsletter has been produced. Around 1982/83 John White who was then an active member of the club took it upon himself to compile a regular newsletter on the lines suggested above and it was very well received - in fact I still have a number of issues and find it very interesting to read them now because they bring back some happy memories of my first excursions into jogging/running.

Anyway in view of the 10th anniversary of the club it seems like a good time to resurrect the newsletter and in the absence of anyone else willing to edit it I am prepared to give it a go. However if there is anyone else who wants to do it I would be only too willing to hand over the reins. In the meantime here we go for the first issue.

CLUB OFFICIALS

Chairman	- Hans Wessel
Vice Chairman	- Alan Edwards
Secretary	- Esme Thompson
Events Secretary	- Vernon Martin
Treasurer	- Ian Mallen
Membership Secretary (Men)	- Derek Sawyer
Membership Secretary (Women)	- Esme Thompson
Publicity Officer	- Chris Gentry
Social Secretary	- Rose Priest

LEISURE 1988 EXHIBITION - Chris Gentry

As mentioned above the club had a stand at this exhibition and I am sure all of you who managed to get along to the Town Hall either to visit or to help man (and woman) the stand will agree that it was very well set out. The thanks for this must go to Vernon Martin and his wife Paddy who spent a considerable time in making the display boards and sorting out the exhibits. Quite a number of people stopped to chat and it is hoped that this will result in an influx of new members.

HISTORY OF THE CLUB by Chris Gentry

I'm trying to persuade Vernon Martin to write a history of the club from its humble beginnings in 1978 but until Vernon finds the time to collect his thoughts and put pen to paper I thought you would like to see this picture of the first Handy Cross Joggers run. In particular I would like you to note the forerunner of the Jogging suit i.e. the overcoat as modelled by Mandy Youers and the two track suits worn by Vernon (yes that is him with the moustache).



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RUNNING EVENTS

Forthcoming local events which I know about are:-

April 1st (Good Friday)	- Maidenhead 10	- 3 p.m.
April 4th (Easter Monday)	- Tugwood 10k Burnham Beeches	- 10.30 a.m.
April 10th	- Reading Half Marathon	- 10.30 a.m.
April 24th	- Bracknell Half Marathon	- 11 a.m.
May 1st	- Radio 210/Rockfort Group 10k at Wokingham	- 11 a.m.
May 2nd	- Abingdon Half Marathon	- 11 a.m.
May 15th	- Littlecote 15k	- 12 noon

RACE RESULTS/REPORTS

Wokingham Half Marathon

Congratulations are extended to John Hawryszczuk, Eric Buckle and Alex Johnson who all recorded p.b's over the undulating course for this event. First home for the club was Roy Williams, who despite what was reported in the Wycombe Star, did not set a world best of 60 mins 25 secs for the distance. The full list of male finishers and their times is as follows:-

Roy Williams	1 hr 19 min 23 secs	Roy Matthews	1 hr 26 min 47 secs
John Hawryszczuk	1 hr 20 min 54 secs	Bob Carter	1 hr 27 min 13 secs
Eric Buckle	1 hr 23 min 12 secs	Alex Johnson	1 hr 28 min 13 secs
Jim Chilton	1 hr 26 min 45 secs	Benjy Benjamin	1 hr 28 min 51 secs

For the ladies again the Star gave Jenny Hart a World best time which unfortunately was not correct. The full list of female finishers and times is:-

Jenny Hart	1 hr 53 min 34 secs
Alison Unitt	1 hr 54 min
Rose Priest	2 hr 02 min

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Club Cross Country Championship

In the inaugural holding of this championship run in conjunction with the Dave Woodbridge and Midge Abrahams meeting over the $6\frac{1}{4}$ mile Keep Hill Course it was Peter Smith who lifted the trophy romping home some $2\frac{1}{2}$ minutes ahead of runner up Roy Williams. Peter also won a silver medal for being the second junior home with Roy gaining some consolation by being the 3rd vet. It was a pity that not more members took part but these are the times of those that did.

Peter Smith	34 min 44 secs	Benjy Benjamin	43 min 54 secs
Roy Williams	37 min 23 secs	Richard Lunnon	44 min 37 secs
Jim Chilton	39 min 27 secs	Vernon Martin	45 min 08 secs
Mike Stone	39 min 39 secs	Brian Sinclair	45 min 26 secs

In the womens event Ruth Baker finished 2nd overall with Margaret Moody 7th and Helen Newman 9th. Their times for the 3 mile course were 20 min 45 secs, 23 min 25 secs and 24 min 15 secs respectively.

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Southern Counties Veteran Womens Cross Country Championship

Congratulations to Eila Mansfield for her fine second place in her age group in these championships.

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Lincoln 1/3 Marathon

New recruits to the club, husband and wife Paul and Claire Wright, took part in this event and recorded times of 1 hour 15 min 30 secs and 1 hour 17 min 23 secs respectively.

KELKHEIM HALF MARATHON - Hans Wessel

This years event is taking place on the second Sunday in August.

Last year about a dozen club members went to Kelkheim, and enjoyed a wonderfully hosted week-end, and a well organised half marathon. Accommodation is with private individuals, and it is only fair that we give the organisers as much notice as we can, as to numbers of Joggers to allow for. As there may be a limit to the number they can put up, will anyone interested in coming to Kelkheim please let me know as soon as possible.

We will travel by hired mini-buses, or you can make your own arrangements if your prefer. We will leave Wycombe on the Thursday evening before the race, and leave Kelkheim to return on the following Monday morning, arriving in Wycombe late the same evening. The total cost each will be about £60 - £70 in all.

As a number of Kelkheim runners will also be participating in the Wycombe Half Marathon we are also looking for anyone able and willing to put up a German runner, or a married couple for that week-end. A full special programme for them will be arranged, so any inconvenience to hosts will be at a minimum.

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SOCIAL EVENTS

The main social event on the horizon is the club's Annual Dinner which this year will be on Friday 22nd April at the British Legion in St. Mary Street, High Wycombe. The cost is a very reasonable £9.50 per head and if you want to attend you should see Rose Priest who will be glad to accept a deposit of £5 per party. Rose can also give you any further details you want.

End Note

So that's it for the first issue. Will there be a second? Well that is up to you - do you think it is worth continuing with? If so what did you think of this first issue? Have you any suggestions as to how it could be improved? I await hearing from you.

Chris Gentry